## **Dance Notes**

Dance notes follow, in alphabetical order.

Valian Cortanov

## Brezovska Ruchenitsa

From Brezovo and vicinity, south central Bulgaria

Meter: 7/8 (2+2+3). This dance is another variant of the Thracian Ruchenitsa done in a line, and can be done to many different pieces of music. Most of the time, arms are in a W-hold.

## Measures:

- 1. Step on R to R [LOD] (1,2); bounce on R (3)
- Step on L to R (1,2); bounce on L (3)
- 3. Ruchenichna (RLR) to R
- 4. Ruchenichna (LRL) to R
- 5. Leap onto R to R facing center while moving arms quickly down to V-position slightly behind the body (1,2); back away from center (3)
- 6. Step on R in place, arms are moving back up to W-position (1,2); bounce on R (3)
- 7. Step on L forward (1,2); bounce on L (3)
- 8. Step back on R (1,2); bounce on R (3)
- 9-11. Step on L to L (1); bounce on L (2); step on R to L (3). Arms do small circular motions in unison with the footwork.
- Emphasized step on L closing to R arms move down to V-position (1);
  pause (2,3)

## Measures 13-16:

Footwork follows diamond pattern. Arms swing forward on counts (1,2) and back on count (3) except on count (3) of measure 16 when arms move up to W-position.

<ul><li>13. Ruchenichna (RLR) diagonally forward to L.</li><li>14. Ruchenichna (LRL) diagonally forward to R.</li><li>15. Ruchenichna (RLR) diagonally back to R.</li><li>16. Ruchenichna (LRL) diagonally back to L.</li></ul>	Brezovska Racenica cues only	
	<u>Feet</u>	Arms
	Step, touch, step, touch 1-2-3, 1-2-3 Side, behind, side, touch In, touch, back, touch	W W down & up W
Page 9 of 25	Side, close, side, close, Side, close, side, touch R-L-R, L-R-L, R-L-R, L-R-L	little circles 2x little circles 2x, ending down fwd & back 2x fwd & back 2x, end in W