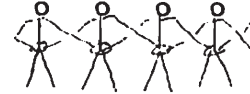


**KAMENOPOLSKO - North Bulgaria**  
(Line dance, no ptrs)

Translation: From region of Kamenopole (literally, rocky field) in the district of Pleven.

Music: Record: Folkraft LP-26, Side B, band 1 (2:03) orchestra.  
2/4 meter

Starting Position: Belt hold. R ft free.



Measures      Pattern

**VARIATION I - Chorus step**  
**Three PLEVEN TWO-STEPS (R, L, R) directly fwd.**

1-3 [ ]

4 [ ]      Hop on R ft, extending L ft out sharply and slightly in front of R (ct 1).

5 [ ]      One SKIPPING REEL STEP (R) (cts ah-2).  
[ ]      One SKIPPING REEL STEP (L) (cts ah-1).  
[ ]      Leap on L ft in place, raising R knee slightly (ct 2).  
[ ]      Tap R heel slightly fwd (ct &). (Note: This heel-tap is a variation, sometimes omitted.)

**VARIATION II - Ones ("Edin")**

1 [ ]      Facing ctr, cross and step on R ft directly in front of L (ct 1).  
[ ]      Step back on L ft in place (ct &).  
[ ]      Close and step on R ft beside L (ct 2).  
[ ]      Cross and step on L ft directly in front of R (ct &).

2 [ ]      Step back on R ft in place (ct 1).  
[ ]      Close and step on L ft beside R (ct &).  
[ ]      Cross and step on R ft directly in front of L (ct 2).  
[ ]      Step back on L ft in place (ct &).

3 [ ]      Close and step on R ft beside L (ct 1).  
[ ]      Hop on R ft, kicking L ft fwd (ct 2).

4 [ ]      Two SCISSORS STEPS (L, R) in place (cts 1-2).

5 [ ]      Turning to face slightly L, a slight leap on L ft in place (ct 1).  
[ ]      Hop on L ft, bending R knee to raise R ft up in back (ct 2).  
[ ]      Tap R heel slightly fwd (ct &). (Note: This heel-tap is a variation, sometimes omitted.)

**VARIATION III - Twos ("Dvojka")**

1 [ ]      Facing ctr, rock slightly fwd on R ft (ct 1).  
[ ]      Rock back on L ft in place (ct &).  
[ ]      Rock slightly back on R ft (ct 2).  
[ ]      Rock fwd on L ft in place (ct &).


2-6 [ ]      As II above, meas 1-5.

**VARIATION IV - Double twos**

1 [ ]      As III above.

2 [ ]      Cross and step on R ft directly in front of L (ct 1).  
[ ]      Step back on L ft in place (ct &).  
[ ]      Close and step on R ft beside L (ct 2).  
[ ]      Rock slightly fwd on L ft (ct &).

## KAMENOPOLSKO (Cont)

- 3  Rock back on R ft in place (ct 1).  
Rock slightly back on L ft (ct &).  
Rock fwd on R ft in place (ct 2).  
4-7 Cross and step on L ft directly in front of R (ct &).  
As II above, meas 2-5.




VARIATION V - Threes ("Trojka")

- 1 As III above.  
2-7 As III above, meas 1-6.

VARIATION VI - Threes plus twos

- 1 As III above.  
2-8 As IV above, meas 1-7.  
NOTE: "Double threes" are also danced frequently.




VARIATION VII - To the Right

- 1  Facing slightly and moving R, 2 skips (R, L) fwd.  
2 TWO-STEP (R) fwd, stamping R ft on ct 2.  
3  Hop on R ft swinging L leg in a small arc CCW and turning to face slightly L (ct 1).  
Step quickly on L ft in back of R, L knee straight (ct &).  
Stamp on R ft in place, toes pointing twd ctr (ct 2).  
4  Hop on R ft in place, swinging L leg in a small CW arc and turning to face ctr (ct 1).  
Rock fwd quickly on L ft directly in front of R, L knee straight (ct &).  
Stamp back on R ft in place (ct 2).  
5-8 REPEAT pattern of meas 1-4 reversing direction and footwork.

VARIATION VIII - Skipping Reel Steps

- As VII above, except:  
3-4 Turning to face ctr, 4 SKIPPING REEL STEPS (L, R, L, R) bkwd.

VARIATION IX - Grapevine

- 1  Facing ctr step sdwd R on ball of R ft (ct 1).  
Cross and step on L ft in front of R (ct &).  
Step sdwd R on ball of R ft (ct 2).  
Cross and step on L ft in back of R (ct &).  
2 REPEAT pattern of meas 1.  
3  Leap sdwd R on R ft (ct 1).  
Stamp L heel diag fwd without taking wt (ct &).  
Stamp L heel straight fwd without taking wt (ct 2).  
4  Leap on L ft in place (ct 1).  
Stamp R heel in place without taking wt (ct &).  
Leap on R ft in place (ct 2).  
Stamp L heel in place without taking wt (ct &).  
5-8 REPEAT pattern of meas 1-4 reversing direction and footwork.

VARIATION X (Men only)

- As IX above, except:  
3-4 Turning to face slightly R, 2 SQUAT-KICKS (R, L).

NOTE: Variation I (Chorus step) usually alternates with a combination of one or two other variations.

Presented by Dennis Boxell